

# ALLERGEN SHEET

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## VEGAN PIZZAS:

### *THE RED ONE*

**SAN MARZANO TOMATO, CRUSHED GARLIC, BASIL AND ARBEQUINA EXTRA VIRGIN OLIVE OIL (VG)**  
Wheat - Dough  
Gluten - Dough  
Garlic

### *THE CLEAN ONE*

**COURGETTE, PIQUILLO PEPPERS, PINE NUTS, TOMATO AND CHIMICHURRI (VG)**

Wheat - Dough  
Gluten - Dough  
Nuts - Pine Nuts

**CHIMICHURRI - Onion, Garlic, Lime Zest, Jalapeños, Coriander, Parsley, Oregano, Red Wine Vinegar, Olive Oil, Paprika, Red Chilli Flakes, Black Pepper, Sea Salt**

### *THE DIRTY ONE*

**VEGAN SAUSAGE & VEGAN THREE CHEESES WITH CRISPY SHALLOTS, JALAPEÑOS, TOMATO AND VEGAN SRIRACHA (VG)**

Wheat - Dough  
Gluten - Dough & Crispy Shallots  
Onion - Crispy Shallots  
See '**DIPS**' for Sriracha allergens

**Vegan Sausages** - Water, **Soya Protein Concentrate**, Rapeseed Oil, **Potato Starch**, Chicory Root Fibre, Thickener: Methyl Cellulose, Pea Protein, **Soya Protein Isolate**, Salt, Flavouring, **Rice Protein**, Vegetable and Fruit Extracts (**Beetroot, Radish, Tomato**), Spices (White Pepper, Nutmeg, Coriander), **Onion Powder**, Yeast Extract, Antioxidant: Ascorbic Acid, Sage, Caramelised Carrot Concentrate, Preservative Sodium Metabisulphite (Sulphites), Vitamins and Minerals (Niacin, Zinc, Iron, Vitamin B6, Vitamin B2, Vitamin B1, Vitamin B12), Carrot Concentrate, Emulsifier: **Soya Lecithin**, Stabiliser: E450, Sunflower Oil, Sausages filled into plant-based casing.

**Sheese Vegan Mozzarella** - Water, **Coconut Oil** (25%), **Modified Potato Starch**, **Gluten Free Oat Fibre**, **Maize Starch**, Salt, Natural Flavourings, **Modified Maize Starch**, Tricalcium Citrate, Thickeners (Carrageenan, Guar Gum), Acidity Regulators (Lactic Acid, Sodium Lactate), Colour (Mixed Carotenes).

**Sheese Vegan Parmesan** - Water, **Modified Potato Starch**, **Coconut Oil** (17%), **Gluten Free Oat Fibre**, Yeast Extract, **Maize Starch**, Salt, Natural Flavourings, Thickeners (Carrageenan, Guar Gum), **Modified Maize Starch**, Tricalcium Citrate, Acidity Regulators (Lactic Acid, Sodium Lactate), Colour (Mixed Carotenes).

**Violife Vegan Cheddar** - Water, **Coconut Oil** (24%), **Modified Starch**, **Starch**, Sea Salt, **Sunflower Kernel Grounded**, Mature Cheddar Flavour, Acidity Regulator: Lactic Acid, Olive Extract, Colour: B- Carotene, Vitamin B12.

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## CHEESY PIZZAS:

### *THE MARGHERITA ONE*

**SAN MARZANO TOMATO, FIOR DE LATTE MOZZARELLA, BASIL AND OLIVE OIL (V)**

Wheat - Dough  
Gluten - Dough  
Dairy - Mozzarella

### *THE FETA ONE*

**FETA, CHIMICHURRI, COURGETTES, MOZZARELLA, PINENUTS & THYME (V)**

Wheat - Dough  
Gluten - Dough  
Dairy - Mozzarella & Feta  
Nuts - Pine Nuts

Chimichurri is **VEGAN: Onion, Garlic**, Lime Zest, Jalapeños, Coriander, Parsley, Oregano, Red Wine Vinegar, Olive Oil, **Paprika**, Red Chilli Flakes, Black Pepper, Sea Salt

### *THE RHUBARB ONE*

**CHIPOTLE ROLLED GOATS CHEESE, RHUBARB, PIQUILLO PEPPERS, MOZZARELLA, TOMATO & BASIL (V)**

Wheat - Dough  
Gluten - Dough  
Dairy - Goats Cheese and Mozzarella

### *THE CHEESY ONE*

**CASHEL BLUE, MANCHEGO, MOZZARELLA, MONTGOMERY CHEDDAR, CREME FRAICHE, CHIVES**

Wheat - Dough  
Gluten - Dough  
Dairy - Four Cheeses & Creme Fraiche  
Montgomery Cheddar contains **Rennet**

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## MEATY PIZZAS:

### *THE ANCHOVY ONE*

**ANCHOVIES, LILLIPUT CAPERS, ONION, MOZZARELLA, TOMATO AND ROSEMARY**

Wheat - Dough  
Gluten - Dough  
Fish - Anchovies  
Dairy - Mozzarella  
Onion

### *THE BEEF ONE*

**GROUND BEEF, GREEN CHILLI, TOMATO, ONIONS AND MOZZARELLA**

Wheat - Dough  
Gluten - Dough  
Dairy - Mozzarella  
Onion

### *THE CHORIZO ONE*

**IBERICO CHORIZO, PICKLED CHILLIES, TOMATO, MOZZARELLA AND BASIL**

Wheat - Dough  
Gluten - Dough  
Dairy - Mozzarella & **Soft Chorizo**

### *THE DOUBLE CHORIZO ONE*

**IBERICO CHORIZO, PICKLED CHILLIES, TOMATO, MOZZARELLA AND BASIL**

Wheat - Dough  
Gluten - Dough  
Dairy - Mozzarella & **Soft Chorizo**

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## SPECIAL PIZZA:

### *THE MEATY SPECIAL*

**BOCKWURST SAUSAGE, CURRYWURST SAUCE, SAUERKRAUT, MOZZARELLA, WHITE WINE & CREME FRAICHE BASE, CRISPY SHALLOTS**

Wheat - Dough

Gluten - Dough & Crispy Shallots

Dairy - Mozzarella & Creme Fraiche

Meat - Bockwurst Sausage

Paprika - Currywurst, Bockwurst Sausage

**Bockwurst Sausage** - Gluten Free, Natural Hog Casing, **Pork, Paprika**

**Currywurst** – (VEGAN) San Marzano Tomatoes, Red Wine Vinegar, Red Onion, Sugar, Curry Powder, **Paprika**, Salt

### *THE VEGGIE SPECIAL*

**TOFU, CURRYWURST SAUCE, SAUERKRAUT, MOZZARELLA, WHITE WINE & CREME FRAICHE BASE, CRISPY SHALLOTS (VG)**

Wheat - Dough

Gluten - Dough & Crispy Shallots

Dairy - Mozzarella & Creme Fraiche

Paprika - Currywurst

**Currywurst** – (VEGAN) San Marzano Tomatoes, Red Wine Vinegar, Red Onion, Sugar, Curry Powder, **Paprika**, Salt

## SPECIAL SALAD:

### *TOMATO BURRATA SALAD*

**BURRATA WITH HEIRLOOM TOMATOES, CAPERS, LAMBS LETTUCE, SMOKED ALMONDS, LEMON & THYME OIL**

Dairy - Burrata

Nuts - Smoked Almonds

Burrata is **pasteurised** and contains **Rennet** and is therefore **not Vegetarian**

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## GARLIC BREADS:

GARLIC BREAD	Wheat, gluten, dairy
ANCHOVY GARLIC BREAD	Wheat, gluten, dairy, fish
MOZZARELLA GARLIC BREAD	Wheat, gluten, dairy (in garlic butter and mozzarella)

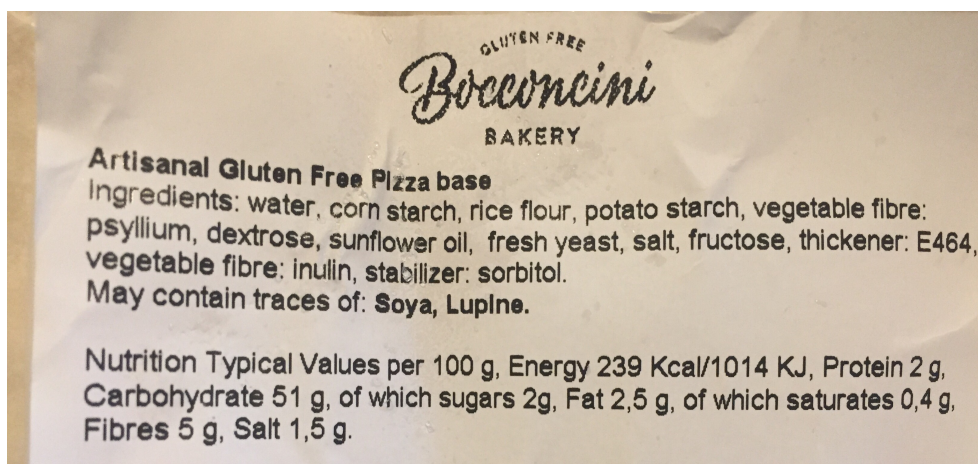
### ADD VEGAN CHEESE:

**Sheese Vegan Mozzarella** - Water, **Coconut Oil** (25%), **Modified Potato Starch**, **Gluten Free Oat Fibre**, **Maize Starch**, Salt, Natural Flavourings, **Modified Maize Starch**, Tricalcium Citrate, Thickeners (Carrageenan, Guar Gum), Acidity Regulators (Lactic Acid, Sodium Lactate), Colour (Mixed Carotenes).

<u>DOUGH</u>	
Matthews strong white flour	Doves white rye flour
Doves rice flour	Manitoba
Semolina	Doves yeast

## GLUTEN FREE BASE

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## BEER STICKS:

*British Pork Leg, Sea Salt, Hot Paprika, Dextrose, Salt, Chillies, White Pepper, Cayenne Pepper, Coriander, Preservatives (E252, E250). Made with 200g pork per 100g finished product. Filled into edible natural Spanish pork casing.  
Pack contains an oxygen absorber sachet that is not for consumption.*

## DIPS

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**CASHEL BLUE CHEESE** – DAIRY

**CONFIT GARLIC** – DAIRY  
GARLIC, EGG, MUSTARD

**CHIPOTLE** – VEGAN

**BASIL PISTOU** – VEGAN  
Contains Basil, Olive Oil, Sea Salt, Garlic

**SRIRACHA** - VEGAN  
Chilli, **Soybean Oil**, Sugar, Distilled Vinegar, Corn Starch, Salt, Garlic, **Mustard Seeds**

**CHIMICHURRI** - VEGAN  
**Onion**, **Garlic**, Lime Zest, Jalapeños, Coriander, Parsley, Oregano, Red Wine Vinegar, Olive Oil, **Paprika**, Red Chilli Flakes, Black Pepper, Sea Salt

**CURRYWURST** – VEGAN  
San Marzano Tomatoes, Red Wine Vinegar, Red Onion, Sugar, Curry Powder, **Paprika**, Salt



## SALAD

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**SIDE SALAD – LITTLE GEM LETTUCE, RADISH, FENNEL, MIXED SEEDS AND MUSTARD DRESSING (V)**  
Sesame seeds (also sunflower & pumpkin). **Mustard. Honey.**

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## ROLLS:

### *THE SOBRASADA ROLL*

**BRINDISA SOBRASADA, PIQUILLO PEPPERS, ROCKET, GARLIC AIOLI**

Wheat - Dough

Gluten - Dough

Dairy - Garlic Aioli

Meat - Sobrasada (spreadable chorizo sausage made from Pork)

Paprika - Sobrasada

### *THE RICOTTA ROLL*

**TOMATO, RICOTTA, BASIL (V)**

Wheat - Dough

Gluten - Dough

Dairy - Ricotta

### *THE BEAN AVOCADO ROLL*

**AZTEC BEANS, AVOCADO, ROCKET, VEGAN SRIRACHA (VG)**

Wheat - Dough

Gluten - Dough

Vegan Sriracha - Chilli, **Soybean Oil**, Sugar, Distilled Vinegar, Corn Starch, Salt, Garlic, **Mustard Seeds**

### *THE CHORIZO FRITTATA ROLL*

**CHORIZO, NEW POTATO, EGG FRITTATA**

Wheat - Dough

Gluten - Dough

Dairy - Eggs, Double Cream, Garlic Aioli, Montgomery Cheddar, Chorizo

### *THE PIQUILLO FRITTATA ROLL*

**PIQUILLO PEPPER, NEW POTATO, EGG FRITTATA (V)**

Wheat - Dough

Gluten - Dough

Dairy - Eggs, Double Cream, Garlic Aioli, Montgomery Cheddar

## CRISPS

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### **CHEESE & ONION (V) (GF)**

Potatoes, Sunflower Oil, Whey Powder (**MILK**), Cheese Powder (**Milk**), **Onion** Powder, Salt, Natural Flavourings, Yeast Extract Powder, Yeast Powder, Natural Colour: **Paprika Extract**, Ashmore Cheese Powder (**Milk**)

### **SEA SALT (VG) (GF)**

Potatoes, Sunflower Oil, Sea Salt

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## SNOWFLAKE GELATO

### ICE CREAM TUBS HAVE A FULL LIST OF INGREDIENTS

Produced in an environment that handles, milk, eggs, nuts, sesame and cereals containing gluten.

**Vanilla (V) (GF)**

Dairy

**RASPBERRY SORBETTO (VG) (GF)**

Vegan

**CHOCOLATE (V) (GF)**

Dairy

**SEA SALTED CARAMEL (V) (GF)**

Dairy

## HACKNEY GELATO

### ICE CREAM TUBS HAVE A FULL LIST OF INGREDIENTS

Produced in an environment that handles, milk, eggs, nuts, sesame and cereals containing gluten.

**RASPBERRY SORBET (VG) (GF)**

Vegan

**SEA SALTED CARAMEL (V) (GF)**

Dairy

**STRAWBERRY & CREAM (V) (GF)**

Dairy

## TOPPINGS

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**CARAMEL SAUCE** - Dairy

**CHOCOLATE SAUCE** - GF & Vegan

**AMERETTI** - Gluten, Wheat, Egg

**HAZELNUTS** - Nuts

**MARSHMALLOWS** - Contains Gelatine

**CHOCOLATE CURLS** - Dairy

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## SOFT SERVE

### **VANILLA SOFT SERVE (V) (GF)**

Jersey Skimmed **Milk**, Jersey Cream (**Milk**), Jersey Skimmed **Milk** Concentrate, Sugar, Glucose, Emulsifier / Stabiliser, Vanilla Flavouring

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## SOFT SERVE SUNDAES

### ***RHUBARB CRUMBLE***

#### **RHUBARB SAUCE, SOFT SERVE, GRANOLA (V) (GF)**

Dairy - Soft Serve

Granola - Sesame Seeds, Pumpkin Seeds, Sunflower Seeds

### ***BANANA SPLIT***

#### **BANANA, CARAMEL SAUCE, SOFT SERVE, HAZELNUTS, GLACE CHERRY (V) (GF)**

Dairy - Soft Serve (Milk), Caramel Sauce (Milk & Butter)

Nuts - Hazelnuts

### ***BLACK FOREST***

#### **CHOCOLATE BROWNIE, CHERRY PUREE, SOFT SERVE, CHOCOLATE CURLS, AMARENA CHERRIES (V) (GF)**

Dairy - Soft Serve (Milk), Brownie (Milk), Chocolate Curls (Milk)

Egg - Brownie

Soya - Chocolate Curls

### ***LEMON CHEESECAKE***

#### **DIGESTIVE, LEMON CURD, LEMON JUICE, SOFT SERVE, MERINGUE (V)**

Dairy - Soft Serve (Milk), Lemon Curd (Butter)

Wheat - Digestives

Egg - Lemon Curd, Meringue

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## EXTRAS

### CONE (V)

**Wheat Flour**, Sugar, Emulsifier, **Soya Lecithin**, Coconut Oil, **Wheat Starch**, **Milk Protein**, **Lactose**, **Wheat Fibres**, Salt, Flavouring

### FLAKE (V)

**MILK**

### RABBIT WAFERS (V)

**Wheat** flour, Sugar, Emulsifier: **Soya** lecithin (contains **Milk/Lactose**), **Wheat** starch, **Soy**flour, **Wheat** fibers, Cocos fat, Salt, Flavouring, Food Colour: E151, E155, E414

## CAKE

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### GLUTEN FREE BROWNIE (GF)

**Dark courveture chocolate**, **unsalted butter**, **egg**, gluten free flour, **whipping cream**, glucose, vanilla, salt, caster sugar, sugar.

(Made in an environment that handles nuts and cereals)

### VEGAN TRAILMIX FLAPJACK (VG)

Oats, margarine, brown sugar, sultanas, currents, pecan nuts, dried cranberries, desiccated coconut, dried apricots, golden syrup, raspberries

### CROISSANT (V)

**Wheat Flour**, **Butter (Milk)**, Water, Yeast, Sugar, Eggs, Salt

- May contain traces of sesame seeds, soya, nuts.

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## FREQUENTLY ASKED QUESTIONS

### *WHICH CHEESES ARE PASTEURISED?*

PASTEURISED	NOT PASTEURISED
Burrata	Goats Curd
Creme Fraiche	
Feta	
Goats Cheese (Mostly)	
Mozzarella	

They are all safe when cooked. Especially in our 350degree oven.  
(Goats curd is added post cooking)

### *WHICH CHEESES ARE VEGETARIAN?*

VEGETARIAN	VEGAN
Burrata	Sheese Vegan Mozzarella
Creme Fraiche	Sheese Vegan Parmesan
Feta	Violife Vegan Cheddar
Goats Cheese	
Goats Curd	
Mozzarella	

### *ARE OUR MEATS GLUTEN FREE?*

Beer Sticks	Gluten Free	Free of all 13 Allergens
Soft Chorizo	Gluten Free	Contains Dairy
Sliced Chorizo	Gluten Free	Dairy Free